

My Family Meal Planner Meat Optional

Main Dishes

Alfredo and Mushrooms
Basil Linguine
Black Bean Enchiladas
Breakfast Burritos
Broccoli Burritos
Broccoli Cheese Soup
Broccoli Linguine
Calzones
Carrot Burger
Cashew Stir-Fry
Cheesy Black Beans and Rice
Cheesy Ziti
Cheesy Zucchini
Chili
Chili Topped Baked Potato
Creamy Pasta Primavera
Crock Pot Stuffed Bell Peppers
Easy Black Bean Lasagna
Egg Salad Sandwiches
Fajita Salad
Green Chile Quiche
Harvest Skillet Dinner
Lasagna
Lazy Spinach Lasagna
Lentil Loaf (or Meatloaf)
Mexican Corn Chip Casserole
Mexican Penne
Minestrone
Moroccan Eggplant
Pita Taco Pizza
Pizza
Pizza Casserole
Potato Soup
Rotel Spaghetti Bake
Southwest Salad
Spicy Tofu Stir-Fry
Spinach Rotini
Taco Avocado Wraps
Taco Noodle Casserole
Taco Soup
Tex Mex Wraps
Tina's Salad

Tomato & Basil Pasta
Tomato Avocado Sandwich
Tortilla – Black Bean Casserole
Tortilla Soup
Tortilla Stack
Vegetable Cheese Tortellini
Vegetable Soup
Vegetarian Chicken and Noodles
Veggie Pizza
Veggie Quesadillas
Veggie Spaghetti

Desserts

Angel Food Croutons with Strawberries
Apple Pie
Cherry Cheese Pie
Chocolate Chip Brownies
Chocolate Cream Pie
Chocolate Crunch Brownies
Chocolate Pudding Pizza
Double Chocolate Chip Cookies
Mississippi Mud Cake
S'mores Bars